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| **Princess Anne Middle School Course Expectations** | |
| **Teacher Contact Information** | **Course & Course Description** |
| Mr. Brewer  Telephone – 468-4950 Ambrewer@vbschools.com  REMIND – Parent/student information notification system  6th Grade - Text the message @mrabrewer to the number 81010 or email [remind.com/join/mrabrewer](mailto:eakk8a@mail.remind.com)  7th Grade - Text the message @ef28dk to the number 81010 or email [remind.com/join/ef28dk](mailto:c6889@mail.remind.com)  8th Grade - Text the message @g8g79 to the number 81010 or email remind.com/join/g8g79 | Health/Physical Education  Our mission is to develop students who define, demonstrate, and value physically active lifestyles. These include health and wellness, motor skills, social and emotional growth and independently demonstrate the knowledge and capability to problem solve and work collaboratively to respond ethically to diverse challenges in all aspects of their lives. Health and Physical Education is designed to assist students in achieving the knowledge, skills, attitude, and appreciation essential for effective living. It also contributes to the optimum physical, mental, social, and emotional growth of each individual. |
| **Required Materials** | **Student Attendance Expectations** |
| * PAMS HPE Shirt and Shorts   PAMS uniforms can be purchased anytime through any HPE Teacher. (Blue Dri-fit is $10.00 each item (minimal sizes remain).  NEW Grey t-shirts and mesh shorts are $8.00 each item or $15.00 for the set.  Blue Panther Drawstring Bags are available for $8.00   * Securable Athletic/Tennis Shoes * Loose leaf Paper * Writing Utensils | * Regular attendance is important to academic development and to successful completion of required Standards of Learning and end-of-course tests. A student missing more than 15 minutes of a class is considered absent. Upon the seventh absence, a student will lose credit for a credit-bearing class. * If your child is absent from class, please follow-up by sending a note explaining the reason for your child’s absence upon his or her return to PAMS. Any absence for which a note is not received will be marked unverified. |
| **Classroom Procedures** | **Student Behavior Expectations** |
| * Each student will be assigned a locker and a combination lock to be used for the PE class. Locks are not permitted from home, and will need to be replaced (a $7.00 fee) if lost. Students are not permitted to change/share lockers with other students. * Students are responsible for locking up all belongings * Students will dress out each day for participation in activity * Cell Phones are not permitted in the locker room or HPE.   *Students that are ill or injured should bring a note from the parent/guardian. In the event of a prolonged illness or injury lasting more than* ***two*** *days, a Doctor’s note should be provided. The student should still dress out if possible. The student will also be required to complete an alternate activity.* | Positive behavior will be acknowledged frequently throughout the day.  · Verbal praise, positive notes & phone calls home, special privileges  Negative behavior will be handled promptly and consistently, without disrupting the flow of instruction.  Students will be given a consequence for the rule violation.  · First Offense: Warning & verbal explanation  · Second Offense: Time out/ parent contact  · Third Offense: Teacher detention  · Fourth Offense: Parent conference  **The following plan will be followed when students do not dress properly for Physical Education class:**  1st/2nd - No Dress- Teacher Warning (An alternate uniform will be provided)  3rd - No Dress- Parent/Guardian notification  4th - No Dress- Teacher Detention (parent/guardian notification)  5th -No Dress- Referral – Administrative Detention |
| **VBCPS Grading Scale** | **Class Grading for Assignments and Assessments** |
| *Letter Grade     Range       Point Value*  A                 93-100            4.0-3.4  A-                90-92              3.3-3.2  B+               87-89              3.1- 3.0  B                 83-86              2.9-2.6  B-               80-82               2.5-2.4  C+              77-79                2.3-2.2  C                73-76                2.1-1.8  C-               70-72                1.7-1.6  D+             67-69                1.5-1.4  D               64-66               1.3-0.8  E            Below 64            0.7-0.0 | *Assessments will cover classwork, physical activity (Active time/MVPA (Moderate to Vigorous Physical Activity), skill assessment, fitness planning and other various assessments.*  *In the event of* ***an absence students are required to seek out their individual teacher for the appropriate make-up work.*** *Options may include an assignment via Achieve 3000, complete an outside phys. activity sheet and have it signed by coach/sponsor or participate in the intramural program. All makeup work should be completed within one week of the students return to school. It is the responsibility of the student to complete and hand in the required work.*  *All assigned work should be completed on time.*  *Dependable on activity - below is the baseline MVPA % criteria*  *50% - 100 = 100*  *45% - 49 = 90*  *40% - 44 = 80*  *35% - 39 = 70*  *30% - 34 = 60*  *29% and below will receive a 50*  *Activity Time – grade adjust per total minutes of activity…*  *i.e. – 15 minute activity/Activity Time requirement*  *15/15 = 100*  *14/15 = 93*  *13/15 = 81…* |
| **Explanation of Zeroes** | **Homework** |
| Zeroes are given for unsubmitted work | Homework is not weighted |
| **Late Work Policy** | **Extra Credit** |
| Accepted without penalty until week prior to end of quarter. | None offered |
| **Make up Work Policy** | **Tutoring and Remediation** |
| Accepted without penalty until week prior to end of quarter. | When needed |
| **Reassessment** | **Student/Parent Portal Updates** |
| Retakes allowed following intervention for tests only. | Grades accessible through the Student and Parent Portal will be updated every week. |
| **Honor Code** | **Parent Contact** |
| I assume responsibility of my own actions, and I promise to uphold the honor code of Princess Anne Middle School by neither giving nor receiving unauthorized help on any quiz, test, exam, or other academic assignment. | * Parents will be contacted via phone calls and email for “E” and “D” grades at progress report and report card time. |
| **Student/Parent Acknowledgement** |
| I have read and understand the course expectations.  Student Signature  Parent/Guardian Signature |